



Welcome!

The Truth About Choosing a Retired Living Community

So many questions and so little time! We realize that when attending seminars, it can sometimes feel as though you are drinking water from a firehose, so feel free to use this worksheet as a tool to help you prepare for the audience Q & A portion of the program at the end. Remember... **every question is a GOOD question!!!!**

Moderator:

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Panelists:

- Jim Cox, Cascades of the Sierra (775) 424-5400
- Wendy Knorr, Morning Star Senior Living (775) 626 5665
- Laurie Leonard, Promenade on the River (775) 786-8853
- Mark Schulz, Revel Rancharra (775) 300-6200

My burning question starters:

I was wondering... I am curious about... I had this friend who wanted to know...
What if... I've always wanted to know... I heard... Would you clarify...

My burning question(s):

Resources: www.junellgroup.com/rlts/choosingacomunity

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Notes:



Truth: The only way to truly remain in control of both where and how you live as you grow older is to plan now.

Truth: Your next move may or may not be your “last” move.

Retired Living Options

Current Options - Not Licensed

- **55+ Active Adult Maintenance-Free** (yard care, on-site maintenance, social calendar, club rooms, etc.)
- **Independent senior living** (meals, transportation, housekeeping, social, etc.) - usually minimum age 62
- **Income Restricted / Subsidized Apartments** (reduced rents for those with limited income)

Current Options – Licensed

- **Assisted living 1 & 2** (meals, transportation, housekeeping, etc. + support with personal care, dressing, medications, etc.)
- **Residential Care Homes** (private residences offering assisted living or memory care support to limited # of ambulatory residents)
- **Memory Care** (specialized programming and cognitive therapies)
- **Skilled** (short-term rehabilitative / usually within a longterm care community)
- **Long Term Care** (nursing, non-urgent medical, mental health & healthcare)
- * **Continuing Care** (CCRC) (All levels - Independent, assisted, memory, skilled, longterm care)



Questions for Retirement Community Tours

1. What floor plans are available and at what locations within the community?
2. Are pets allowed? If so, is there an additional fee?
3. How many meals are included in the rental price?
4. How are meals served and at what time? (Ask to see a menu and dine with residents a few times if possible)
5. Is covered parking available? If so, what is the cost?
6. What if my spouse or I develop an illness after moving in that causes us to need more care? What are our options?
7. How often does the rent increase and by what percentage?
8. Is there a guest apartment available to rent by family members? If so, what is the cost?
9. What is the policy for changing apartments once we have moved into the community?
10. What utilities are included in the monthly rent?
11. Is there an entrance fee or is it month-to-month only?
12. Will the community make cosmetic changes to the apartment I choose?
13. What appliances are included?
14. Where is the laundry facility? Is there a fee to do my own laundry?
15. How many staff members are on duty?
16. Is there an emergency response system in the community?
17. Is there a resident council that is active in making decisions about activities and meals?
18. What is the policy on serving alcohol in the common areas of the community?
19. Are electric scooters allowed in the building?
20. Who manages the community and how active are they in day-to-day operations?

Observations to make

1. What is the level of functioning of the current residents? Do they appear to be at a higher level of functioning than you at this time? Take notice of your feelings about this.
2. How are meals served? Is it diner or buffet style? Is the wait staff courteous and tidy?
3. Take notice of the attitude and appearance of the staff and residents. Do they seem enthusiastic and content?
4. Is the community well kept or are there obvious signs of deferred maintenance?
5. Are the activity boards posted? Do they include things that may interest you?
6. What is the traffic like to and from the community?
7. If the community is licensed, be sure to check on its state inspection results.
8. Does the community smell good and appear clean and tidy both inside and out?
9. Did the staff members answer your questions knowledgeably and thoroughly?



Retirement Community Comparison

Name			
Location			
Type			
Contact Person			
Contact Phone/ Email			
Standard Services			
Optional Services			
Amenities			
Meals and Food Choices			
Cost (per month): Studio			
1 Bed	_____	_____	_____
2 Bed	_____	_____	_____
Entrance Fee? Yes / No How much?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Refundable? Yes / No How much?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Pets Allowed? (limitations/ comments)	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Smoking	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
What I like			
What I don't like			



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