

# WALK WITH ME

A Celebration of Strength, Resilience,  
and Community While Living with Dementia



**June 4<sup>th</sup> 2019 2pm-5pm**

Idlewild Park, California Building

FREE AND OPEN TO THE PUBLIC  
RSVP ENCOURAGED

[DementiaFriendlyNevada.org/WalkWithMe](http://DementiaFriendlyNevada.org/WalkWithMe)  
(775) 682-6699

A Community Outreach Event hosted by  
Dementia Friendly Washoe County



Co-sponsored by the Idlewild Health Walks

- 2:00 Walk** through Idlewild park with people in our community who are living with dementia during this special offering of *Idlewild Health Walks*.
- 3:00 Listen** as we share successes from the past year and hear stories of resilience and strength from individuals in our community who are living with dementia and their care partners.
- 3:30 Engage** in dynamic discussions as we consider a multi-sector approach to inclusivity.
- 4:15 Explore** interactive booths and displays that detail our various initiatives around our community
- 4:45 Celebrate** - Mix, mingle, and enter the door prize raffle as we consider what's next for Dementia Friendly Washoe County!

The **Dementia Friendly Washoe County** community action group aims to develop and promote a community that is respectful, educated, supportive and inclusive of people living with dementia and their care partners.

The **Idlewild Health Walks** is a free, weekly series of interpretive walks specifically-designed for individuals living with dementia and their care partners.