



Welcome!

The Truth about Home Health & In-Home Care

So many questions and so little time! We realize that when attending seminars, it can sometimes feel as though you are drinking water from a firehose, so feel free to use this worksheet as a tool to help you prepare for the audience Q & A portion of the program at the end. Remember... **every question is a GOOD question!!!!**

Hosts/Moderator:

- Annette & Brett Junell, Downsizing Coaches & Realtors (775) 432-6300
Junell Moves Made Easy & Junell Realty Group - Retired Moves Division @ Keller Williams

Panelists:

- Ryan Hart, Owner, Amada Senior Care
- Tammy Malley, Area Director of Sale, Kindred at Home

My burning question starters:

I was wondering... I am curious about... I had this friend who wanted to know...
What if... I've always wanted to know... I heard... Would you clarify...

My burning question(s):

Resources: www.junellgroup.com/rfts/home-health-care

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Myths & Truths

Myth: Home Health Care and In-Home Care are one of the same.

Truth: Home health care provides clinical services (skilled nursing, physical therapy, occupational therapy) whereas home care provides non-clinical help with daily living.

Myth: I can handle it myself with a little help from my kids a few friends.

Truth: Extended caregiving can take a toll on family members and friends. It's okay to ask for help.

Myth: Allowing a care provider to come to my home may mean I will be sent to a hospital.

Truth: The goal is to keep you in your current home

Myth: All licensed companies do the same thing the same way.

Truth: Not all companies are equal

(Training, oversight, company culture, compliance, etc. (Medicare.gov) Certifications for specific specialties. Medication delivery vs. reminders.)

Myth: I am required to use the company recommended by my doctor or nurse.

Truth: People have freedom of 'choice' concerning which agency to use.

Myth: Home health and personal in-home care can't be used in a retirement community setting.

Truth: Home health and personal home care services can be used in private homes, independent living, assisted living, and memory care communities.

Myth: In-home care services are only appropriate after a hospital stay.

Truth: Some in-home care agencies offer preventative services, especially following a new diagnosis.

Myth: I can save money by hiring a caregiver outside an agency.

Truth: Use caution when hiring individuals to ensure they are qualified and have adequate insurance.

A BIG thank you to our sponsors who make the Retired Living Truth Seminar Series possible.



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